

## Women's experiences with the NDIA YouTube video SCRIPT

In March this year, 2015, Women With Disabilities ACT (WWDACT) interviewed some of our members about their experience with the National Disability Insurance Agency—the NDIA.

We learnt that everyone was very positive about the NDIS and that it was great to choose the right support services and to have control over employing those services. They said staff needed more training to better understand everyone's different needs and that it was stressful filling in the application form, planning and implementing their Plans — but that it's really worthwhile.

Everybody said that it's good to find an organisation or a friend to help you fill in the forms and think about your Plan for the future.

You can get a lot of information about the NDIS by exploring their website, but if you are not a regular user of the internet – ask someone to help you look or call them on 1800 800 110 for assistance.

## **WWDACT** advises:

There are three important information buttons on the NDIS website at www.ndis.gov.au:

- the Access checklist button which will take you to a short survey about your eligibility;
- the **Sign Up for Updates** button where you can register to receive e-newsletters;
- and the **Get in contact** button where you can choose your contact method and then ask for the Access Request Form. This form is not on the website. You must ask for it.

All the women who took part in this research encourage you not to be daunted, because being a participant in the NDIS, or getting information from them about other services will help in improving your life.

You can read the full report by scrolling down our publications and research list on our webpage <a href="https://www.wchm.org.au/wwdact">www.wchm.org.au/wwdact</a>